

# "I Am Me" Pilot Program

## Demographics

Data compiled represents 11 out of 15 youth

### Gender

7 girls

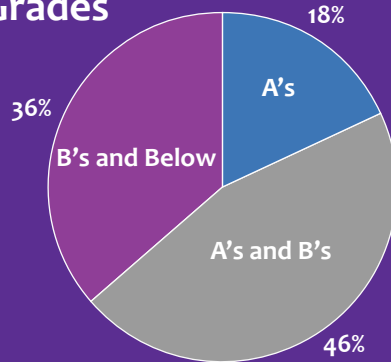


4 boys



**Average Age** 15.04

### Grades



### Employment

Hours of Work per Week



### Ethnicity

Caucasian |

Hispanic |||||

## Main Findings

### PROGRAM SATISFACTION

At follow-up...

100% reported a positive change

100% would recommend the TLC program to a friend

"I would recommend the TLC program to other teens because it's fun, you meet different people out of your element, and it's a good experience."

- Viviana, 18

"The extent to which students hold beliefs that motivate them to set goals."

### Drive Increased Significantly<sup>1</sup>

The effect was more pronounced in females and older adolescents (15-18 years of age)

### Older Adolescents

In teens 15 to 18 years of age<sup>2</sup>...

↑  
Drive  
Independence  
Self-Esteem<sup>3</sup>

### Our Mission

Tilly's Life Center (TLC) is a youth-focused, 501(c)(3) nonprofit charitable foundation aimed at empowering all teens with a positive mindset and enabling them to effectively cope with crisis, adversity and tough decisions.

Our mission is to inspire today's youth to reach their full potential as productive, kind, happy, and responsible individuals.

TLC

"...helped me [learn] how to help others." -Alex, 14

"...impacted me in a positive way because I learned to express myself." -Hilda, 15