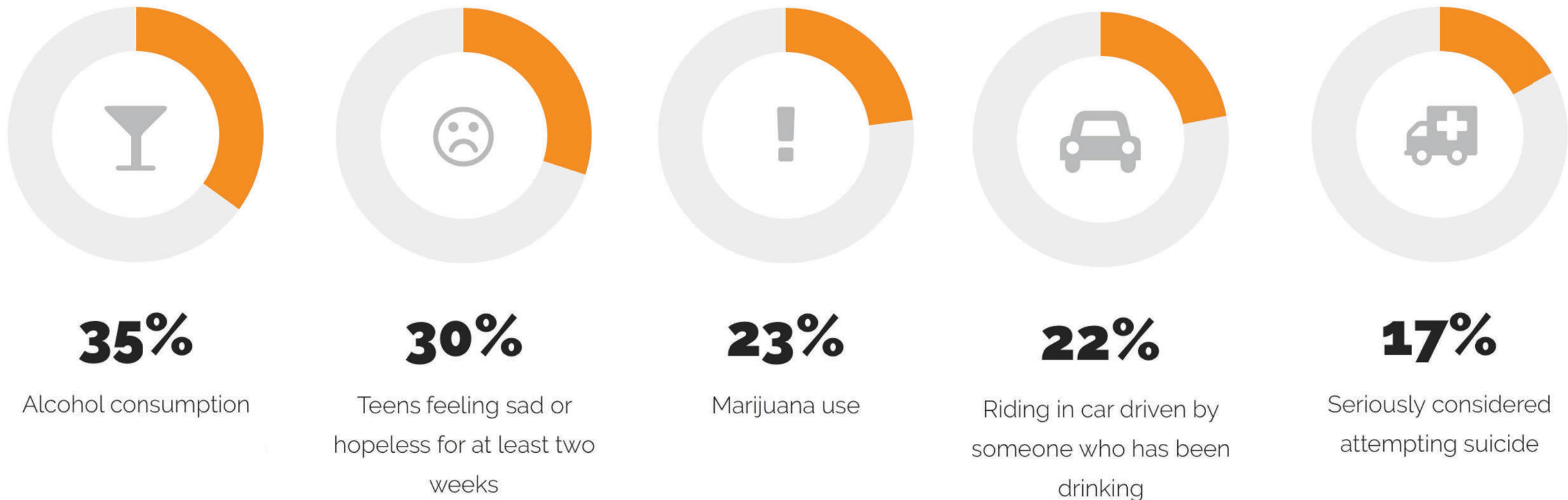


Tilly's Life Center (TLC) is a social and emotional learning (SEL) program for teenagers providing tools needed to overcome adversity, discover purpose and ultimately find happiness and success.

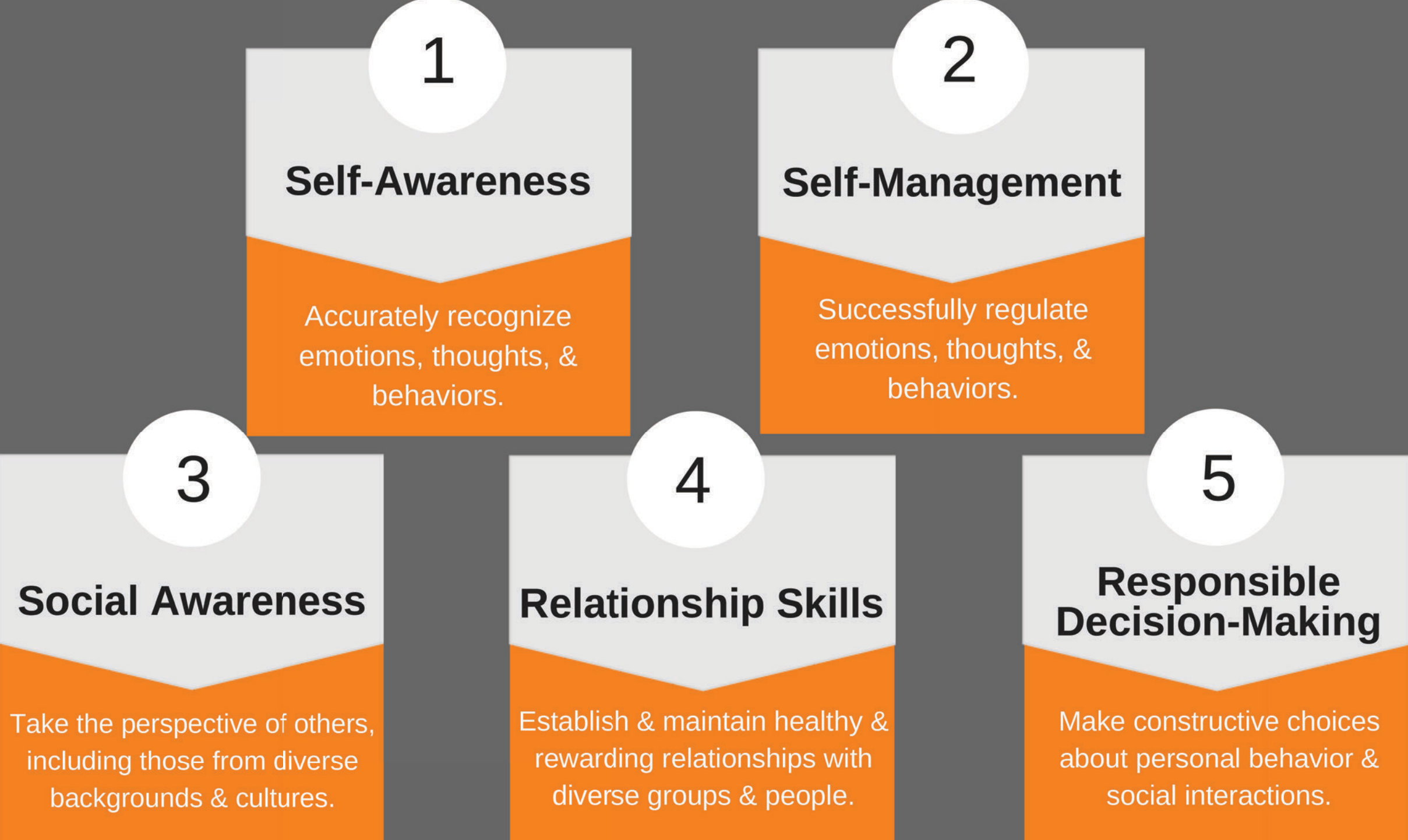


According to the Center for Disease Control's Youth Risk Behavior Survey, teens today engage in a host of risky behaviors. These high-risk behaviors can result in dire or long-term consequences that last well into adulthood. *In fact, the top three causes of death in the United States for 15-24 year-olds are unintentional injury, suicide and homicide in that order.*

CDC Youth Risk Behavior Survey



5 Core Competencies of SEL



According to CASEL*, SEL is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

*Collaborative for Academic, Social and Emotional Learning (CASEL)



TLC's Impact
To date, 4,700 students graduated
In 2018, 1,660 teens participated
Within 23 facilities
Including 11 high schools
Resulting in 93 classes total

To learn more or donate visit tillyslifecenter.org